

Auost Au-Pair Language Learning Plan Template



Personal Information

Au Pair' Name: _____ Host Family Name: _____

Target Language: _____ Current Level (CEFR): _____



Goals & Motivation

Main Goal: _____

Why I want to learn this language: _____



Weekly Study Plan

Day	Focus Area	Time	Method/Tool
Manday	Vocabulary + Speaking	30 m	Fleshcards Family falk
Tuesday	Grammar + Listening	30 m	Online course Pequast
Wodnesday	Speaking + Writing	30 m	Daily journal Family falk
Thursday	Listening Practice	<i>Flexible</i>	Audiobooks Music, TV
Friday	Conversation Practice	<i>Flexbels</i>	Family cul? Local tamiliary
Saturday	Cultural Integration	20 m	Refiection & review



Care Learning Methods

- ☐ Apps & Tools, Duolingo, Babbel, Quizlet, HelloTalk.
- ☐ Listening, Podcasts, Music, Audiobooks. TV Shows
- ☐ Speaking: Daily conversations with family & peers
- ☐ Writing: Journaling, Testing in target language
- ☐ Reading: Children's books, Blogs, Newspapers



Progress Tracking

- ☐ Apps & Toals, Duolingo, Babbbel, Quizlet, HelloTalk
- ☐ Listening: Podcasts, Music, Audiobooks, TV Shows
- ☐ Speaking: Daily conversations with family & peers
- ☐ Writing: Journaling. Texting in target language
- ☐ Reading: Children's books, Blogs, Newspapers



Monthly Refiection

- ☐ What I learned this month:
- ☐ Challenges I faced: _____

Next month's focus: _____
